



Why do bad things happen to good people?

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Why do bad things happen to good people? I wish I had a good answer; instead, I want to share some thoughts and hope that it will give you some comfort. I have thought about this question for most of my adult life due to my work in criminal prosecution. In that work, I see horrors of what humans can do to each other and to animals. I see perfectly happy and normal people fall victim to random acts of violence and loved ones turn on each other. In the wake of the Aurora movie theater massacre, our country is again asking, “why do bad things happen to good people” and why do people commit what seem to be random acts of violence?

We even witness people experiencing other traumatic and unexpected situations such as the breakup of a marriage/relationship, loss of a job, scary health diagnosis, and so on. For many people, they were going through life and then their personal tragedy hit.

Are our experiences on Earth really that random and uncontrollable? Is it really possible that we can be caught in the crossfire of violence or other personal tragedy without warning? Or, if we follow the teachings of the Law of Attraction, are we attracting these horrific situations in to our lives?

I am a Certified Law of Attraction Counselor and believe that we draw in experiences based on our energetic vibration. However, I have always struggled to understand the horrific things that happen ... especially those who are truly innocent, like the 3-month-old baby shot in Aurora, a child who is abducted and killed, and even a family pet who is tortured and killed. What could these innocents have thought/said/believed to have drawn that into their lives? Is the Law of Attraction actually involved in these events, or is there something greater or higher involved?

The spiritual teachers that I consulted over the years have provided a variety of theories on how bad things can happen to good people. The one that has resonated the most with me (and even given me some comfort but may be difficult for many to accept) is the concept of soul contracts. In basic terms, when each soul incarnates as a human they create soul contracts with people to experience certain situations to learn soul lessons. (Note: Animal souls do not incarnate with soul or karmic lessons, but rather to provide service to a particular person or group.) These lessons help our soul to evolve. Our soul is everlasting and is not limited to our experience here as humans. Soul contracts are agreements with other souls to experience something to help us grow and evolve, or even to help someone else grow... and that could mean something harmful.

Yes, I realize that it sounds *out there* that anyone would agree to be a victim of a horrific crime, or experience the unexpected end of a marriage/relationship, to suffer repeated losses of employment, to experience homelessness, or to be abused. I have heard many people comment that *his time was up* or *her time was not up* when it comes to incidents that appear random, like the Aurora shootings. And for people who suffer other losses, some may believe that *it wasn't meant to be*. So while we may not thoroughly analyze why we make those statements, I think most people instinctively believe that our higher Source has a plan for us.

I believe that it is possible to know what our soul mission is whilst human, yet we may not know what soul contracts we made. So these lessons can appear to be random tragedies without meaning. It is possible that you made agreements, difficult agreements, to help you evolve as a soul. Almost everyone knows someone who has suffered a scary health diagnosis and when they survived it, for some it changed their life for the better. They were happier, quit the job that they hated, spent more time with family and doing things that they loved. They embraced life. The health issue was likely a soul contract that was created to be triggered if the person was not appreciating life. If they did not learn the lesson, however, they would receive another tragedy. Likewise, you cannot be humble unless you have been given circumstances to teach you humility; you cannot appreciate security if you have not suffered instability; you cannot appreciate love unless you have experienced heartache; you cannot learn independence if you cling to unfulfilling employment or relationships; and so on.

While it is difficult to say that anyone would intentionally place himself or herself in harms way, soul contracts are not conscious human choices; instead, these are soul choices that were made before our human self was created. So these are not situations of blame, but should be situations of understanding. And while that is still difficult for many to accept, and it may not fully explain why bad things happen to good people, for me it has provided the most sense to soften the blow if we look at a tragedy through the lens that those involved did so as part of their evolution and part of a bigger plan.

And how do soul contracts relate to those who commit tragedies? Do they make a soul contracts to become a murderer, child molester, etc.? Some believe that these “perpetrators” agree to take on that role to help their “victims” evolve and learn a lesson, or they are working out a personal soul contract between each other. However, it is important to remember that humans have free will in all actions. So if soul contracts are not intended to involve acts that we label as evil as part of the evolution process, these actors may have exercised their free will and gone astray from their soul path. While they may have agreed to help people (even those who are strangers in human form, but not in soul form) achieve a soul lesson, they may have engaged in free will resulting in an evil act, or may have actually entered into a soul contract to do what they did. Frankly, no one really knows since it is rare to know about personal soul contracts.

Controversial? Absolutely. But I think most of us can agree that there is so much to living our human experience that we do not understand. For me, I cannot accept that terrible random things happen in life because then that would mean that we are nothing more than the little mechanical targets at carnivals that people shoot at. Like many, I believe that things happen for a reason and we need to look within and beyond to determine the reason.

For those who have departed their human experience on Earth seemingly too soon, maybe Creator/Source needed them more for another experience. For those who are victimized and survive, maybe they will create a program or an organization to raise awareness about something that we have been ignorant about. For those who suffer the loss of a marriage/relationship, employment, or their home, I believe that there is something better and higher for them to achieve and doors needed to close so that they would be propelled through a new door.

These are not easy topics to discuss and I do not know if anyone will ever have answers. But if you can find something greater in these events, that may provide you comfort during a difficult time.

If you are ready for individual and customized Law of Attraction Coaching, contact me for a 20-minute free consultation to learn how you can attract more harmony into your life.

All my best,
Allie



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